|  |  | dah Midd | and Hig | School |  |
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|  | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |  |
|  | 2 <br> Hot Dog on a Bun Baked Chips Baked Beans Garden Bar Strawberries Milk Choice | 3 <br> Meatballs \& Gravy Mashed Potatoes California Blend Veggies Bread \& Butter Garden Bar Pears Milk Choice | 4 <br> Cheesy Bosco Stick Marinara Sauce Cheezit Crackers Mixed Vegetables Garden Bar Peaches Milk Choice | 5 <br> Macaroni and Cheese Graham Green Beans Garden Bar Frozen Fruit Cup Milk Choice | News <br> ALL ELEMENTARY AND NVI STUDENTS MAY EAT BOTH BREAKFAST AND LUNCH AT NO CHARGE TO FAMILIES FOR THIS SCHOOL YEAR. |
|  | 9 Popcorn Chicken Rice Mixed Vegetables Garden Bar Fruit Cocktail Milk Choice | 10 Barbeque Pork on a Bun Corn Chips Baked Beans Pickle Spear Garden Bar Pineapple Milk Choice | Totchos- 11 Tater Tots w/Taco Meat \& Cheese Sauce Tortilla Chips Grahams Garden Bar Fruit Choice Milk Choice | Mini Pancakes Cheese Omelet Fruity Juice Applesauce Cup Garden Bar Milk Choice Treat | Students may choose the daily posted menu OR the alternate meal choice which is: <br> -Yogurt Cup -String Cheese -Crackers <br> They may also choose any of the other menu items listed for that day. This option is available daily. |
|  | 16 Walking Taco with Lettuce, Sour Cream, Taco Sauce Seasoned Black Beans Garden Bar Pineapple Milk Choice | 17 Brat on a Bun Chips Coleslaw Garden Bar Fruit Choice Milk Choice | 18 Chicken Tenders Mashed Potatoes Bread/Margarine Garden Bar Fruit Choice Milk Choice | 19 Turkey/Cheese Sub Doritos Baby Carrots Garden Bar Apple Slices/Carmel Milk Choice | Reminder that all students must choose a full serving ( $1 / 2 \mathrm{c}$ ) <br> Of fruit or vegetables daily for their meal. They can choose both if desired. <br> BREAKFAST <br> Breakfast is offered daily. We invite all students to start their |
|  | 23 <br> Grilled Cheese Tomato Soup/Crackers Baby Carrots/Cucumbers Garden Bar Peaches Milk Choice | 24 <br> Chicken Alfredo on Noodles Warm Bread Stick Steamed Broccoli Garden Bar Fruit Choice Milk Choice | 25 <br> Mini Corn Dogs Buttered Noodles Peas Garden Bar Pineapple Milk Choice Treat | $26 \xrightarrow{ } \begin{gathered} \text { NO SCHOOL } \\ \text { PD DAY } \end{gathered}$ | day with a healthy breakfast at school. <br> Students in grades are able to choose one of 2 options each day. <br> Offered daily: <br> -Juice and fruit choices <br> -Milk Choices |
|  | 30 French Toast Sticks/Syrup Sausage Fruity Juice Warm Cinnamon Apples Garden Bar Milk Choice | 1 | 2 | 3 | **All students must choose at least 3 items <br> \& 1 must be juice/fruit with their breakfast meal. <br> ** Menu subject to change based on availability of food items as well |

